

# EDRC's Be-YOU-tiful Be Free Writing Contest

2019



**Who:** Students in 6-12th grade  
residing in the Bay Area

**What:** Write a poem or essay  
about one of the  
following topics:  
eating disorders & body image  
depression  
stress & anxiety

**When:** March 3, 2019

## Prizes:

First Place: \$300  
Second Place: \$200  
Third Place: \$100

**Your entry  
must include...**

your name  
school  
grade level  
email  
phone number

**and should  
be...**

one page max  
single spaced  
Times New Roman  
12 pt font

**Email entries in PDF,  
Google Doc, or Word  
format to:**

**beauty@edrsv.org**

## Questions?

Contact us at:  
edrsv.org  
408.356.1212  
celine@edrsv.org

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