Are you concerned about the emotional well being of your child?

## Parent Chat

Drop In! No Registration Required!

Questions?
Trudy Palmer
(650) 208-9116
Kris Kim (650) 714-3783
Patty Hurley
(650) 935-2941

Peer to Peer Support For Parents of Teens 14+

Come join a support group hosted by the Mental Health Subcommittee of SELPA 1 CAC

7:00-8:30PM

## second Tuesday of every month

Los Altos Library Orchard Room 13 S. San Antonio Road, Los Altos



Website: selpa1cac.org

Facebook: selpa1cac

Instagram: mentalhealthselpa1